## ITINERARY OF MUKTESHWAR

Duration – 22 Oct, 2023 to 26 Oct,2023 (Sunday to Thursday) Class – 11<sup>th</sup> and 12<sup>th</sup>

Participation Cost - Rs.14,950/-

Last Date to Register -Till 3<sup>rd</sup>Oct, 2023 (Tuesday)

#### Day 1

Departure from Jaipur to Kathgodam by A.C. buses at 8 pm.

Dinner will be provided to the students on the way by school but students can carry munchies as per their choice.

Strict NO for cold drinks or any other beverage.

### Day 2

Kathgodam to Ecoventure Mukteshwar resort- King of Shivalik by small tempo travellers.

- Students will take breakfast at the Kathgodam resort first.
- Students will be taken to Mukteshwar resort by the buses.
- Then there will be team building games /adventurous trek to the hidden water fall.
- Bonfire, musical night, dance and dinner.
- Then sleep + story night.

### Day 3

#### A Day in a Village and Adventure Sport

Morning tea, trek to Sunrise point, breakfast

Visit to Village - Beyond just meeting local people

\*Rural Sensitization - Meet the Gram Pradhan, Families Head, Project leaders/experts

\*Learning local art & culture, farm products, local cuisines etc. from the villagers

\*Community services at farms + learning daily household/agro practices of men, women and kids

\*Primary research - Identify current issues and challenges, work done by government bodies and by NGOs' for the same (Report Making and Survey)

\*Spread awareness - "Beti Bachao - Beti Padao" ,"Hamara Mukteshwar ~ Clean Mukteshwar"; "Project Baala" or on any other social topic

\*Feed the livestock | Have a sip of local tea | Enjoy fruit directly fresh from farm

\*Lunch (local cuisine)

### Then

\*Nature walk to Chauli ki Jhali and Mukteshwar Shiva Temple

#### Adventure Sports -

1) Rappelling 3) Archery

2) Flying Fox 4) Rock-climbing

\*Visit to Hiltop temple for Sun set view

\*Bonfire and dance

#### Day 4

Chalo Nainital

\*After healthy breakfast visit to Lake District a.k.a. Nainital, explore the Mall Road, Bhutia Market, Lake Walk & much more

\*Visit to Naina Devi temple, Famous Bakery, Game Zone n Rickshaw Ride, Explore the mystery of Naini Lake

\*Post Lunch Ramnagar - Jim Corbett

\*Relax and rejuvenate in Jungle Resort

\* Games

\*Dinner and sleep early as big day tomorrow

### Day 5

### Ramnagar

\*Breakfast

\*Games -Enjoy the luxury resort

\*Visit to Girjiya Mata Temple

\*Explore the local shops-Shopping & Local Site Seeing

\*Group Photo - Reminiscing Moments

\*Board Buses - Departure to Jaipur at 10:00 am

\*Halt on the way as and when required & necessary

\*Arrival at School -Between 8:00 to 10:00 pm

\*Group photo & Group Hugs

# Things to carry -

- 1. Comfortable and **decent** clothes
- 2. Some warmers/ hoodies
- 3. Three colours T Shirts (White, black and red)
- 4. Sports shoes/ Comfortable footwear(Extra pair of shoes)
- 5. 5 pairs of socks

6. Bathroom slippers

- 7. ID Card
- 8. Bag pack
- 9. Some eatables /munchies

10.Bring general medicines for **fever**, **cold**, **cough**,**stomach**-**ache and vomiting**. Prescription is needed along with the medicines if taken on a regular basis.

11. Toiletries (toothpaste, toothbrush, bathing soap/gel, shampoo, moisturiser/cream)

- 12. Safety locks
- 13. 1 big polythene for dirty clothes
- 14. Small torch
- 15. Sunscreen

16. (Optional) Students can carry Rs.1000 to 2000 for shopping purpose at their own risk.

## DO'S AND DON'TS

## DO'S

- 1. Stay together in the allotted groups
- 2. Be respectful, follow timeline and participate in all the activities
- 3. Take care of your personal belongings
- 4. Always take care of the room key
- 5. Maintain the decorum and follow the code of conduct
- 6. Take care of the resort's / owner's property
- 7. Take your own responsibility
- 8. Use mobile properly

## DON'TS

- 1. Room service or order
- 2. Wander/ roam alone
- 3. Smoking/ carrying or consuming alcohol
- 4. Sharp objects like scissors, knife, nail cutter or anything with sharp edges

# Guidelines for Carrying Mobile Phones

- 1. Duration for mobile usages on the trip:
- Morning After Breakfast
- Evening Before going to the allotted room
- Students have to submit the mobile phones everyday by 7:00 pm mandatorily.
  - 2. If parents wish to call their ward then they are allowed to call between 10:00 am to 7:00 pm only.
  - 3. As sudents are on trip so parents are requested not to call their ward very frequently or repeatedly.
  - 4. Students MUSTN'T go live or make a video call on any social media platform. No reels, Snaps, Story MUSTN'T be uploaded on any social site.
  - 5. No student should click picture of any other student without consent.
  - RANDOM CHECKING OF MOBILE PHONES WILL BE THERE AT ANY POINT OF TIME BY OUR VIGILANCE TEAM. STRICT ACTION WILL BE TAKEN IF FOUND GUILTY OF VIOLATING CODE OF CONDUCT / FOUND USING MOBILE INAPPROPRIATELY. THE MOBILE WILL BE CONFISCATED AND WOULD BE RETURNED TO THE PARENT ONLY AFTER THE TOUR IS OVER.